


For training purposes freely usable dataset.
Publication projects must be discussed with

Dr. H. Kirchmann, Email:

Helmut.Kirchmann@med.uni-jena.de

Sample sizes

	Measurement occasions			
	time 			
	(t1) Pre	(t2) Middle	(t3) Post	(t4) 1-year follow-up
Hospitals	265	215	188	152
<i>Bad Honnef (psychodyn.)</i>	45	35	30	25
<i>Stadtroda (psychodyn.)</i>	97	68	60	44
<i>Jena (psychodyn.)</i>	38	36	36	31
<i>Dresden (psychodyn.)</i>	50	45	38	31
<i>Jena (cogn.-behav.)</i>	35	31	24	21
Controls	260		219	200
Sum	525	407	407	352

Measures (Likert-type self-reports)

- **Depression:** Center for Epidemiological Studies Depression Scale (CES-D, Radloff, 1977), (20 items; $\alpha_{(t1)} = .909$)
e.g. *During the last week I felt sad.*
During the last week I felt everything I did was an effort.
- **Attachment (partnership):** Grau's Attachment Questionnaire (GAQ, Grau, 2007)
 - **Anxiety** (10 items; $\alpha_{(t1)} = .906$)
e.g. *I often worry that my partner could not like me enough.*
 - **Avoidance** (10 items; $\alpha_{(t1)} = .882$)
e.g. *If my partner gets too close to me I pull back.*
- **Attachment (others):** Relationship Style Questionnaire (RSQ, Griffin & Bartholomew, 1994)
 - **Anxiety** (10 items; $\alpha_{(t1)} = .906$)
e.g. *I worry that others don't value me as much as I value them.*
 - **Avoidance** (10 items; $\alpha_{(t1)} = .882$)
e.g. *I worry about others getting too close to me.*

Measures (Likert-type self-reports)

- **Dysfunctional cognitions:** Dysfunctional Attitude Scale (DAS, Weissman & Beck, 1978), (German 30 item form, Hautzinger et al., 1985; $\alpha_{(t3)} = .909$)

e.g. *I should be able to please everybody.*

People will reject you if they know your weaknesses.

- **Therapeutic factors:** Düsseldorf Therapeutic Factors Questionnaire (DTFQ, Schmitz-Buhl, Kriebel, & Paar, 2004)

- **Group Climate** (8 items; $\alpha_{(t2)} = .864$)

e.g. *I had the feeling of community.*

- **Helpful Therapist** (8 items; $\alpha_{(t2)} = .804$)

e.g. *The therapist was encouraging.*

- **Social Learning** (8 items; $\alpha_{(t2)} = .800$)

e.g. *I could observe how the behavior of others influences their relationships.*

- **Clarification, Confrontation, Interpretation** (5 items; $\alpha_{(t2)} = .803$)

e.g. *The therapist indicated associations between behavior and feelings of group members*

Measures (Likert-type self-reports)

- **Attachment (partnership):** Bielefeld Partnership Expectations Questionnaire, BFPE, Höger et al., 2008)
 - ***Fear of Rejection*** (10 items; $\alpha_{(t1)} = .89$)
e.g. *I am afraid that my partner will withdraw from me if he/she knows the truth about my inner feelings.*
 - ***Readiness for Self-Disclosure*** (12 items; $\alpha_{(t1)} = .882$)
e.g. *It is generally easy for me to talk to my partner about my innermost feelings.*
 - ***Conscious Need for Care*** (7 items; $\alpha_{(t1)} = .84$)
e.g. *When I feel neglected by my partner, I can become very sad.*